

# Assisted Living on Broadway

May 2021 Newsletter



## Broadway Buzz

### FAMILY MEETING TOPICS

We had our quarterly family meeting over Zoom on April 27th. Thanks to those who attended!  
Below are topics we discussed.

- **VISITATION / COVID PUBLIC HEALTH ORDERS**

Please see info below.

- **Clothing for warmer weather**

Please check that your family member has sun hats / sunglasses, etc for walks. We have sunscreen.

- **Outside Activities have been coming to house and residents have really enjoyed it!**

- **Dental and Foot Care Visits**

Residents have had dental hygiene and RN foot care visits.

- **Beautician**

We are talking with our hair and nail stylist and hope to

have her coming back in regularly in near future.

- **Mother's Day**

Please schedule visits that day so we can accommodate everyone. Residents will enjoy a catered restaurant meal.

- **Memorial Day BBQ**

We are still not sure about having families come for a BBQ yet, but will check state and local guidelines, as a new order will be in place by May 15th.

- **Mail / Supplies**

As always, please check in regarding mail and supplies that may be needed.

### VISITATION AND PROTOCOLS

We are still following protocols and guidelines from public health orders issued by the governor and by the State Health Department (CDPHE). The current order from the governor is in place until May 15th when they are anticipating a new "clear" level and a loosening of some restrictions. CDPHE is continuing certain protocols, such as weekly COVID testing for staff, until further notice. Attached to this newsletter are sections of the CDPHE Residential Care Facility (RCF) Comprehensive Mitigation Guidance and an informational flyer that relate to visitation. Some paragraphs are highlighted for your convenience and a link to the full document is included. Here you can read the guidelines that are summarized below in our current protocols.

- Visitors will still be screened at the door and masks are required.
- Visits need to be scheduled in advance.
- Visits will take place outdoors whenever weather allows. Up to 3 visitors may come for an outdoor visit.
- Indoor visits can take place in the resident's room or in the office, one person at a time.
- You may take your family member out of the community with prior notice. Please continue to follow best practices when out such as hand hygiene, distancing, and avoiding crowds. Residents leaving community will be tested for COVID in the following days.
- Please let us know if you are vaccinated. We prefer a negative COVID test for indoor visiting. Iren has the capability of doing COVID testing with either a nasal swab (no cost / results in 24-48 hrs) or a rapid test (\$18 fee / immediate results).

# Activities



## May 2021 Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 Movies & Popcorn	
2 Exercise or Walks	3 AM - Sorting PM - Crossword	4 AM - Dice Game PM - Toss n Talk	5 AM - Sit & Be Fit! PM - Checkers	6 10:30AM - Sensory Outings PM - Painting	7 AM - Art PM - Beach Ball Toss	8 Movies & Popcorn	
9 Happy Mother's Day	10 AM - Book Club PM - Coloring Art	11 11AM - Karaoke w/Mr. Tony! PM - Cards	12 AM - Sit & Be Fit! PM - Crosswords	13 10:30AM - Sensory Outings PM - Board Games	14 AM - Board Games PM - Ping Pong	15 Movies & Popcorn	
16 Exercise or Walks	17 AM - Crafts PM - Beach Ball Toss	18 AM - Memory Game PM - Parachute	19 AM - Corn Hole PM - Dice Game	20 10:30AM - Sensory Outings PM - Word Search	21 AM - Beach Ball Toss PM - Finish the Phrase	22 Movies & Popcorn	
23 Exercise or Walks	24 AM - Cooking PM - Basketball	25 AM - Uno PM - Dice Game	26 AM - Sit & Be Fit! PM - Crafts	27 10:30AM - Sensory Outings PM - Cards	28 AM - baking PM - Ping Pong	29 Movies & Popcorn	
30 Exercise or Walks	31 Memorial Day BBQ / Outdoor Time	<i>Assisted Living on Broadway</i>					

# Residential Care Facility (RCF) Comprehensive Mitigation Guidance

Selected sections are shown here. For complete document, visit <https://docs.google.com/document/d/1dnbwjNDuU8jWdBF0M2iQIPbNdXo7o3UrY-DLdB9J2Qo/edit#heading=h.d3b0nbv4flxp>

## Indoor Visitation

Facilities should allow indoor visitation at all times and for all residents, regardless of vaccination status. Ensuring the following:

- The facility should restrict the total number of visitors according to the size of the facility in order to maintain core principles of infection prevention as well as the number of visitors allowed per resident at one time. CDPHE recommends allowing no more than two visitors per resident per room.
- **Visitors are not required to show proof of COVID-19 vaccination or a negative COVID-19 test at the time of the visit. Visitor vaccination is preferred, but it should NOT be a condition for visitation.**
- Facilities may choose to offer rapid testing of visitors; however, it cannot be a contingency for visitation. Facilities should deny entry to visitors who test positive.
- Facilities should have a process in place to respond to positive results. Should a potential visitor test positive, the visitor's positive test will not impact the facility's outbreak status even if the visitor has been in the facility during the prior 14 days. The visitor could be counted towards the facility's outbreak status if an epidemiological link is identified.
- If the facility arranges, suggests, or performs COVID-19 testing for visitors, the test results must be obtained in a reasonable amount of time and visitation cannot be denied as a result of prolonged turnaround time.
- All visitors must be screened for COVID-19 symptoms, and facilities should limit visitor movement in the facility by following these procedures:
  - Greet visitors at a designated area at the entrance of the facility where a staff member must:
    - Perform temperature check and symptom screening
    - Document the visitor's contact information and the results of the screening. This example form may be used to document the information.
    - Deny entry to visitors who have a positive test or display symptoms during the screening.
    - Ensure the visitor has a face mask and ensure the mask covers the visitor's nose and mouth.
    - Have the visitor clean their hands with alcohol-based hand sanitizer.
    - Escort the visitor to the designated visitation area.
- Indoor visitation should occur in dedicated visitation spaces that allow for appropriate physical distancing according to the distancing space calculator, proper ventilation (open windows, etc.), and cleaning and disinfection between visitors.
- Internal group gatherings, such as dining and group activities, should be restricted in these areas during visitation to prevent potential exposure to other residents.

- **Residents that are fully vaccinated and those who are within 3 months of a prior COVID-19 infection, may have private in-room visits with limited physical contact with screened visitors (e.g., hugging and/or hand holding). Both the resident and their visitor should wear a well-fitting face mask and perform hand hygiene before and after contact. Visitors should still physically distance from other residents and staff in the facility.**
- **If the room is shared, the resident's roommate must be fully vaccinated and the facility shall obtain the consent of the roommate and/or the roommate's POA that visitation may occur in the room.**
- Visitors must not access the roommate's living area or have contact with the roommate's environment.
- If the room is shared, ensure visits do not overlap. This is to limit the number of visitors in a resident's room at any given time.
- In-room visits do not require staff supervision, but do require staff to escort the visitor while moving throughout the facility.
- **For smaller facilities, such as those in residential home-like structures and/or those with limited room ventilation systems, indoor visitation must be limited to one visitor for one resident at a time with no congregating of individuals or groups of residents or visitors in the area being used for indoor visitation.**

### **Residents who Leave the Facility**

- Residents who leave the facility should be reminded to follow all recommended IPC practices including source control, physical distancing, and hand hygiene and to encourage those around them to do the same.
- Individuals accompanying residents (e.g., transport personnel, family members) should also be educated about these IPC practices and should assist the resident with adherence.
- For residents going to medical appointments, regular communication between the medical facility and the nursing home (in both directions) is essential to help identify residents with potential exposures or symptoms of COVID-19 before they enter the facility so that proper precautions can be implemented.
- In most circumstances, quarantine is not recommended for residents who leave the facility for less than 24 hours (e.g., for medical appointments, community outings with family or friends) and do not have close contact with someone with SARS-CoV-2 infection. However they should be included in surveillance testing as outlined in the PHO.
- Quarantining residents who regularly leave the facility for medical appointments (e.g., dialysis, chemotherapy) would result in indefinite isolation of the resident that likely outweighs any potential benefits of quarantine.
- Facilities might consider quarantining residents who leave the facility if, based on an assessment of risk, uncertainty exists about their adherence or the adherence of those around them to recommended IPC measures.
- Residents who leave the facility for 24 hours or longer should generally be managed as described in the New Admission and Readmission section.

# MY LOVED ONES ARE VACCINATED. WHEN CAN I VISIT THEIR NURSING HOME?

It is so great that your mom, dad or other loved ones have received their COVID-19 vaccine. This is an important step toward protecting their health, achieving herd immunity and returning to normal life. CDPHE is committed to helping residential care facilities provide safe care in the least restrictive way possible and recognizes that the mental health of residents is equally as important as their physical health.

Indoor visitation should be limited for:

- Unvaccinated residents if the nursing home's COVID-19 county positivity rate is greater than 10% and less than 70% of the residents in the facility are fully vaccinated.
- Residents with confirmed COVID-19 infection, whether vaccinated or unvaccinated, until they have met the criteria to discontinue Transmission-Based Precautions per CDC guidance.
- Residents in quarantine, whether vaccinated or unvaccinated, until they have met the criteria for release from quarantine.

If your loved one is fully vaccinated, they can choose to have close contact (including touch) with you as long as they are wearing a well-fitting face mask and cleaning their hands before and after. Outdoor visitation is preferred when feasible. All visitation guidelines are outlined in the Comprehensive Mitigation Guidance ([covid19.colorado.gov/RCFmitigation](https://covid19.colorado.gov/RCFmitigation)).

Our experts are continually weighing the risks of easing visitation protections while working to keep vulnerable resident populations safe from COVID-19. This is why it's so important to get the vaccine when it's available to you and do what you can to slow the spread of COVID-19. The sooner we have more people vaccinated and fewer people getting sick, the sooner we can visit our loved ones without restrictions.

For now, nursing home staff, patients, residents, and visitors need to continue wearing a mask, washing their hands, and maintaining distance. Nursing homes must also continue to implement all current CDPHE mitigation guidance including weekly COVID-19 surveillance testing.



FOR MORE INFORMATION, VISIT: [COVID19.COLORADO.GOV/LTCF](https://COVID19.COLORADO.GOV/LTCF)