

Assisted Living on Broadway

November 2020 Newsletter



Broadway Buzz

FAMILY MEETING TOPICS

We had our quarterly family meeting over Zoom on October 27th. We had a great turnout! Thanks to those who attended. Below are topics we discussed.

- **Indoor Visitation Policy for Cold Weather**

The Colorado Dept of Health (CDPHE) has strict guidelines for indoor visitations. One of the main criteria is Degree of Community Spread. Indoor visits are only allowed when community spread is at certain levels for our county (Arapahoe), and may sometimes involve having the visitor produce a negative COVID test. Other regulations require the visitor to be 18 years or older and only 1 visitor at a time can come indoors.

This link (Indoor visits in residential care facilities) outlines our regulations:

<https://covid19.colorado.gov/safer-at-home-in-the-vast-great-outdoors/guidance-by-sector/nursing-homes-congregate-care>

Criteria for indoor visits can be checked at this following link:

<https://covid19.colorado.gov/data/covid-19-dial/covid-19-dial-dashboard>

The Degree of Community Spread is based on the "Two Week Cumulative Incidence", so you'll want to click on that above the map. A.L. on Broadway is in Arapahoe County - hover over to see info. There are more criteria of course, but this first indicator will determine whether we can even have indoor visits or not. (We are currently in a phase

where no indoor visiting is allowed.)

Outdoor visits and windows visits remain unchanged. We have plans for outdoor visiting if it's cold and we can't be indoors. We have also purchased an air cleaner/purifier with 3 types of filters for when indoor visits are ok and for general use.

- **Outside Appointments**

Outside appointments for essential healthcare reasons are allowed. Please inform Iren to coordinate.

- **Flu shot clinic**

Clearsprings Pharmacy will be doing a flu and pneumonia shot clinic for the residents. Please look for consent forms by email.

- **Misc**

Please feel free to contact Iren to discuss care plans. Check in to see if your family member needs warmer clothing or supplies, or if there is mail to pick up. Thanks!



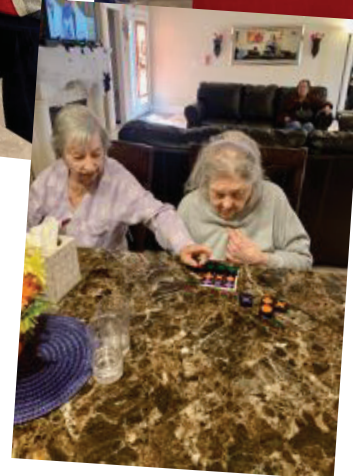
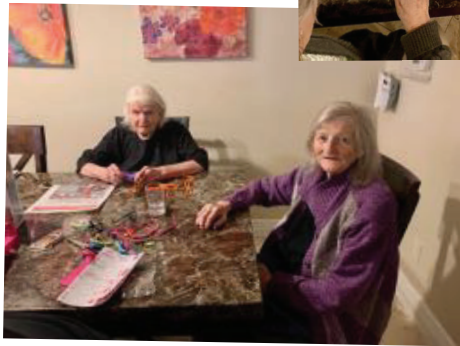
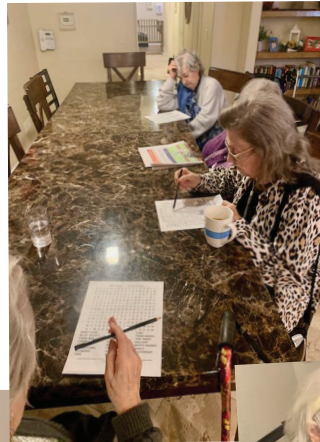
Enjoy your holiday!

THANKSGIVING DINNER

Residents will enjoy a wonderful, traditional Thanksgiving dinner with all the trimmings on Thanksgiving Day. We are so sad that we aren't able to have the big gathering with all of you as we have done in the past.

Activities

Even though we can't bring in outside activities and entertainers right now, we are still maintaining activities at the house.



November 2020 Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Broncos Football 	2 AM - Exercise w/ Marlene PM - Sorting 	3 AM - Finger Paint PM - Crossword 	4 AM - Exercise w/ Rose PM - Checkers 	5 AM - Book Club PM - BINGO 	6 AM - Exercise w/ Rose PM - Dominoes 	7 Saturday Fall Walk
8 Broncos Football 	9 AM - Exercise w/ Rose PM - Uno 	10 AM - Color Art PM - Beach Ball Toss 	11 AM - Exercise w/ Rose PM - Brain Games 	12 AM - Canvas Painting PM - Sing-a-long	13 AM - Exercise w/ Rose PM - Movie & Popcorn 	14 Saturday Fall Walk
15 Broncos Football 	16 AM - Exercise w/ Rose PM - baking 	17 AM - Book Club PM - History Hour 	18 AM - Exercise w/ Rose PM - Puzzles 	19 Janice Birthday Party! 	20 AM - Exercise w/ Rose PM - UNO 	21 Saturday Fall Walk
22 Broncos Football 	23 AM - Exercise w/ Rose PM - Poetry Hour 	24 AM - Bingo PM - Crafts 	25 AM - Exercise w/ Rose PM - Hot Cocoa & Stories 	26 Thanksgiving 	27 AM - Exercise w/ Rose PM - Brain Games 	28 Saturday Fall Walk
29 Broncos Football 	30 AM - Exercise w/ Rose PM - Dice Game 	 Assisted Living on Broadway				