

Assisted Living on Broadway

April 2016 Newsletter



Broadway Buzz

New Addition Update

Our addition construction has been delayed as we navigate through the City of Littleton Building and Zoning departments. We will keep you informed when that starts back up, and when we need to plan our outing during the concrete demolition day.

Outdoor construction is still on track!

We have a walking path, benches, a small gazebo, raised beds, and more parking on the way! The driveway will also be improved with asphalt. We look forward to having more outdoor time and gatherings!



Available Support for our Residents

We want to let families know of a unique service available to our residents - in-home brain activation therapy for anxiety, dementia, and stroke among other conditions.

A Wiser Mind has been working with individuals and families in Colorado and Arizona for 10 years, providing a comprehensive program administered by licensed therapists and social workers in the comfort of the home. A Wiser Mind is Medicare certified, so in most cases, is 100% covered by insurance. Sessions are typically held 2x per week. We think that it could be a beneficial addition to a resident's care plan.



Please talk to Iren for more information!

Early Mother's Day Brunch

We want to honor our mothers here for their special day! Since some of the residents may go out on Sunday, we are observing the holiday a little early. Please join us if you can!

Thursday May 5th

12 noon

RSVP to Iren at 720-383-8083 or rn@aspenhillsliving.com with who will be joining. We will enjoy a lovely meal with "mimosas" to celebrate our beautiful moms!

April 2016 Activities Calendar

Activities

Here's what has been going on in April!

The current activities calendar is posted in the house and copies are available.

Please feel free to join us for entertainers or other activities!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 1					Sit and Be Fit! 	Movie Night 
Walks 	Book Club 	Sit and Be Fit! 	baking 	Sensory Outings 10am 	Board Games 	Movie Night 
Walks 	Montessori Activities 	Old Time Music w/Chris 10am 	BINGO 	Puzzles 	Sit and Be Fit! 	Movie Night 
Walks 	Book Club 	Sit and Be Fit! 	baking 	Sensory Outings 10am 	HAPPY EARTH DAY!  Flower Box Planting	Movie Night 
Walks 	Montessori Activities 	Old Time Music w/Chris 10am 	BINGO 	Pet Therapy 11am 	Spa Day / Hand Massage with Natalie 	Movie Night 



Painting



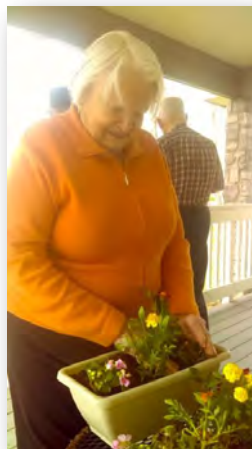
Montessori Activities



"Shopping!"



Old Time Sing-a-Long with Chris



Flower Planting



Outdoor Time



Earth Day